

Snack Packs & Hygiene Packs

Hope Impacts is grateful for partners and individuals like you who are taking the initiative to make an impact in their community. Please refer to this sheet when considering hosting a drive so you can make the biggest impact possible!

SNACK PACK IDEAS

Packs do not need to contain all the items listed below, but please include at least <u>1 protein</u> in each pack.

- Pop-Top Cans of Soup or Chili
- Pop-Top Cans or Packets of meat, such as:
 - Tuna/Salmon/Chicken/Vienna Sausages etc.
- Soft Fruit Bars / Soft Nutrition Bars / Pop Tarts
- Granola Bars / Protein Bars
- Cheese Crackers / Peanut Butter Crackers
- Crystal Light Drink Mix Packets & Instant Coffee Packets
- Soft Individual Packed Cookies / Chips/ Crackers
- Fruit Snacks, Fruit Cups, Apple Sauce
- "Pik-Nik" packs of Spoon/Fork/Napkin
- "Cereal Insta-Bowls" (These are Cereal Cups that contain powdered milk so all you have to do is add water!)

HYGIENE PACK IDEAS

(Travel Size Items)

- Shampoo & Conditioner
- Dry Shampoo
- Toothbrush, Toothpaste, Floss
- Body Wash / Bar Soap
- Deodorant
- Baby Wipes
- Lotion
- Hand Sanitizer
- Foot Powder
- Shaving Cream & Razors
- Brushes & Combs
- Q-Tips
- Mini First Aid Kits

Packing Parties are great activities for large groups or students! Just set up buffet style and everyone packs up an item from each pile into their gallon size ziplock bag!

PANTRY & OTHER ITEMS

- Bulk Plastic Spoons, Forks, Knives, Paper Plates & Napkins
- Kitchen Size Trash Bags & Ziplock Bags (Assorted Sizes)
- Paper Towels / Toilet Paper / Kleenex
- Clorox Cleaning Wipes

- Bottled Water & Gatorade
- Nutritional Shakes & Ensure
- Sugar / Sweetener Packets
- Peanut Butter & Jelly
- Ramen Noodles / Cups of Soup
- Ground Coffee, Dry Creamer & Coffee Filters
- Breakfast Cereal / Instant Oatmeal